

What happens if I don't succeed?

Key Vocabulary	Dodgeball
Speed	How fast a player can move or throw, helping them avoid being hit.
Dodge	To quickly move out of the way of an incoming ball so you don't get hit.
Catch	To safely receive a thrown ball. Catching an opponent's throw get them out and brings one of their teammates back into play,
Control	Being able to move, throw, and catch the ball accurately without losing balance or focus.
Pass	To throw the ball to a teammate to keep possession, set up an attack, or avoid being targeted.
Aim	To direct a throw at a specific target, usually an opposing player.
React	To respond quickly to what is happening in the game, such as dodging, catching, or throwing at the right moment.

Steps to Success in Dodgeball

To move in different ways, changing speed and direction

To practice throwing using underarm technique

To practice throwing using overarm technique

To send a ball at different speed

To catch a ball

To participate in basic dodgeball games.

